



Dynamic Impact Volleyball Club
Player Handbook
2011-2012 Season

Our Mission

Dynamic Impact Volleyball Club dedicates itself to the mission of providing quality instruction in a supportive atmosphere where young student-athletes can enhance their volleyball skills to reach their fullest potential. We strive to create a fun, yet hard-working environment where female athletes feel encouraged. Our goal is to develop character through an emphasis of commitment, mutual respect, and passion for volleyball.

We provide an environment for athletes to mature by increasing their self-confidence through teamwork, sportsmanship, and healthy competition. We expect dedication and industriousness in order to reach goals.

We also provide fantastic communication with players, coaches, parents, and other club representatives. Dynamic Impact is a non-profit organization reaching female athletes of ages 18 and under. We strive to show our passion and love of the game by working hard to meet the needs of both our players, and parents. Our coaches are dedicated, hardworking individuals who are talented in the skills of not only playing volleyball, but also coaching young adults.

Athlete Time Commitment

DIVC believes that acceptance by a player to participate on an AVC team will require the player to be committed to the team, disciplined, focused and responsible. All players should be prepared to participate in at least two practices per week for at least two hours each, and to participate in all weekend tournaments. It is also expected that all athletes will participate in additional physical conditioning and training, and at times, be required to do outside work (study pamphlets and videos that are provided) to enhance their volleyball skills.

DIVC allows our athletes to participate in their school's sports programs in addition to participating with DIVC. DIVC will attempt to schedule practices in the evening hours to allow athletes to participate on their school athletic teams as well as with DIVC, however conflicts may arise. We will not ask an athlete to quit a school team in order to participate with DIVC; however we expect commitment to DIVC. In addition, DIVC believes that all athletes are first and foremost students. All athletes will be expected to maintain passing grades in all subjects. DIVC believes that all athletes need to learn to manage their studies and extra-curricular activities in a responsible fashion. Parents are encouraged to help their daughter's learn to make quality choices with their available time.

The Club season generally runs from mid-November to May. Practices during the holiday season will vary as determined by the directors. All athletes will be required to participate in practices in order to participate in the tournaments. DIVC believes that all players will be given equal opportunities to improve their existing skills and learn new skills during practices.

Coaches will determine playing time at tournaments, with consideration for players who have consistently shown their commitment to the team by attending all practices and tournaments, as well as giving consideration for **attitude and effort**

displayed **during practices and games on and off the court**. This means there will not always be equal playing time for each player on the team. This is based on the coach's discretion.

Player Absence and Tardy Policy

Parents and players will be given a preliminary team schedule with all tournament dates listed at the beginning of the season, as well as practice days and times. DIVC expects all girls to participate in all tournaments and practices. If for any reason an athlete will be unable to attend a tournament, the player or parent will be required to submit an Excused Absence form to the coach at least two weeks prior to the tournament date.

If a player must miss a practice, or will be late for a practice, the player or parent must notify the coach at least two hours prior to the practice, or (preferably a week in advance). DIVC considers illness and family emergencies to be considered excused absences. All other absences will be considered unexcused if prior approval by the team coach is not received. Homework is not considered an excused absence. AVC believes that our players need to learn to be judicious managers of their time, and make choices that will allow that.

DIVC firmly believes that our athletes must be in attendance to improve their skills. An absence not only affects an individual player's ability to improve, but it affects the coach's ability to perform planned drills during practices as well as the entire team's ability to perform well during a tournament or match. Excessive absences may result in a player being dismissed from the team without refund of the annual fees. Players should arrive at practice and tournaments ready to begin at the designated time. Players who arrive late may not be allowed to play in the first game of the tournament, or may be required to do extra conditioning at practice as determined by the coach.

Code of Ethics

As a representative of AVC, GLR Volleyball and USA Volleyball, all athletes, and coaches are expected to adhere to the strict code of ethics set forth in their USA Volleyball registration, as well as specific club and team rules. As representatives of all the above entities, athletes, coaches and even parents must understand that their actions both on and off the court, in the gym or in the stand should always reflect the positive values of AVC, Gold Cup Series, GLR and USA Volleyball.

The following is the USA Volleyball Participant Code of Conduct

THE FOLLOWING ACTIONS ARE PROHIBITED:

1. Violation of any anti-doping policies, protocols or procedures as defined by the International Olympic Committee (IOC), World Anti-Doping Agency (WADA), Federation Internationale de Volleyball (FIVB), US Anti-Doping Agency (USADA) or the United States Olympic Committee (USOC). Violations of this provision will be adjudicated only by USADA or the proper anti-doping authority, not USA Volleyball (USAV).

2. Possession, consumption or distribution of alcohol and/or tobacco if illegal or in violation of USA Volleyball (USAV) or Regional Volleyball Association (RVA) policy.
3. USAV policy prohibits the possession, consumption or distribution of alcohol and/or tobacco by anyone registered as a Junior Olympic Volleyball Player at the event venue of any USAV/RVA sanctioned junior event.
4. Use of a recognized identification card by anyone other than the individual described on the card.
5. Physical damage to a facility or theft of items from a room, dormitory, residence or other person. (Restitution will be part of any penalty imposed.)
6. Possession of fireworks, ammunition, firearms, or other weapons or any item or material which by commonly accepted practices and principles would be a hazard or harmful to other persons at GLR sanctioned events.
7. Any action considered to be an offense under Federal, State or local law ordinances.
8. Violation of the specific policies, regulations, and/or procedures of the USAV, RVA or the facility used in conjunction with a sanctioned event. (It is the responsibility of the individual to be familiar with applicable specific policies, regulations and procedures.)
9. Conduct which is inappropriate as determined by comparison to normally accepted behavior.
10. Physical or verbal intimidation of any individual.
11. Actions that will be detrimental to USAV or the GLR.

USA Volleyball Disciplinary Policy:

For the first offense before, during, or after an event the individual disqualified (if person is a junior, he/she will be sent home as soon as possible and parent or guardian notified). The individual may be declared ineligible for USAV registration or GLR membership for one year starting from the date of infraction. The individual may be declared ineligible for USAV registration or GLR membership for one year starting from the date of infraction.

For the second offense before, during, or after an event the Individual disqualified (if person is a junior, he/she will be sent home as soon as possible and parent or guardian notified). The individual may be declared ineligible for USAV registration or RVA membership for two years starting from the date of infraction. The individual may be declared ineligible for USAV registration or Great Lakes membership for two years starting from the date of infraction.

For the third offense before, during, or after an event the Individual may be declared ineligible for USAV registration or GRL membership for the remainder of his/her lifetime.

Player Practice, Tournament, and Hotel Rules

DIVC expects all athletes to adhere to the following general rules. If a specific coach has additional requirements, they will explain those rules to players, parents, and directors.

1. Athletes are expected to be on time ready to play for all practices and matches. If a player is going to be late for any reason, they will notify the coach ahead of time.

2. Practices are to be considered mandatory, notify your coach prior to practice if you will not be able to attend.
3. All equipment and training aids are the property of DIVC and should be treated with respect.
4. If an injury occurs, the player must notify their coach immediately.
5. Players will be expected to help set up for practice and assist the coaches in accounting for all other DIVC equipment (balls, bags, first aid kits etc) when asked.
6. Players will be expected to keep the practice gyms, tournament sites, and hotel rooms clean.
7. All teammates, competitors, officials, fans, other players will all be treated with the respect, dignity and courtesy at all times.
8. Players using abusive language or showing outward signs of anger or frustration will be asked to leave practice, or removed from the game.
9. Athletes will not be allowed to wear jewelry to practices or tournaments.
10. Athletes are required to learn all officiating skills that are required during tournaments.
11. Players are not to leave the gym without permission from their coach.
12. No sitting down in practice unless a coach instructs you to do so.
13. Except for breaks directed by coaches, players are expected to jog or run everywhere during practices.
14. Players should never allow a ball to roll through an active drill.
15. If you are not actively involved in a drill, you are expected to participate in shagging balls or following the directions of the coach.
16. Encourage your teammates as you would expect them to encourage you.
17. Only the floor captain or coach will be allowed to talk to the officials during the games.
18. During tournaments, you are expected to be with your team both on the court and off the court.
19. During tournaments, a player must let the coach know prior to leaving; there are times, where an athlete will need to stay later than their scheduled tournament time to fulfill DIVC's line judging, scoring and officiating commitments.
20. Players will not be allowed to stay in hotels without adult supervision.
21. Players will notify their adult supervisor prior to leaving their room, and will use the buddy systems when going to vending machines, swimming pools etc.
22. Curfew is not negotiable, lights out at 10:00pm, and no one is to leave the room at this time.
23. Players are not allowed to order room service, pay per view movies, long distance phone calls unless they are pre-paid with a credit card.
24. No boys will be allowed in girls rooms.
25. Noise levels must be kept to an acceptable level, we are representing DIVC, Great Lakes, and USA Volleyball at these establishments.
26. No athlete will be allowed to drive to out of town events unless a parent or guardian is in the vehicle as well. Failing to adhere to these guidelines will be considered serious. Coaches will discuss an individual player's actions and the resulting consequences with the player and parent in private. The resulting consequences will be determined by the team coach or club director depending on the nature of the infraction.

Results of inappropriate actions may result in one or more of the following:

1. Verbal warning
2. Written warning and loss of playing time
3. Dismissal from team
4. Tournament or match suspension

DIVC believes and understands that any set of rules or guidelines may not apply in all situations. If a parent or player feels that the consequences they receive are not proportionate to the infraction, they should discuss it directly with the coach. If the issue cannot be resolved, then the parent should contact the Club Directors to schedule an individual review. The Directors will hear the appeal and either uphold the current consequences, or develop another course of action. The Board of Directors will have the final say in all matters that are appealed.

Financial Commitment

The DIVC Board of Directors will act as the governing body for determining annual player fees. With respect to the financial situations of all individuals in mind, the Board of Directors will work to be fiscally responsible to the club, players and parents. It is the goal of the club to provide quality training at an affordable cost to all players. For the 2011-2012 season, the player annual fees will differ per age group. The annual fee includes the following:

1. Paid professional coaches
2. 2 practices per week for 2 and a half hours durations each
3. Multiple Tournaments
4. Uniform
5. Training aids (balls, boxes, etc.)
6. Gym Time rental

The following expenses are not included in the annual fee and are the responsibility of the athlete and their family:

- 1.) Travel expenses including hotel, food, gas, etc.
- 2.) Knee Pads
- 3.) Appropriate Shoes
- 4.) Spirit wear

Due to specific tournament deposit requirements, the annual fee must be paid in full prior to the first practice, or in accordance with a specific payment schedule. Any payment more than five business days late, will be subject to a \$25 late fee. Players who have not paid their fees may not be permitted to practice or be eligible for tournament play.

Payments may be made by Cash, Money Order or Check. Checks and Money orders should be made out to DIVC or Dynamic Impact Volleyball Club.

If an athlete receives financial support from a fundraiser that brings their total deposits to DIVC to an amount in excess of the full tuition during the 2011-2012 season, DIVC will use the excess fees for the player's following season.

The tryout fee of \$25.00 is non-refundable and will not be added to full tuition if a player commits to playing with DIVC.

The initial deposit is also non-refundable. If an athlete withdraws from the club more than 30 days after the first practice, the athletes and their parents will still be responsible for the remaining payments to the club.

If an athlete is injured during the season and a physician supplies written notification that further participation in the club volleyball program for the remainder of the season is prohibited, the athlete's fees will be pro-rated to the date of the injury, and no further fees will be the incurred by the athlete or their family, for the duration of the season.

DIVC teams will participate in annual fundraisers to help keep the annual costs as low as possible. All athletes will be required to participate in any group fundraising efforts. Players that do not pay their full annual fee will be ineligible to participate in the club the following season until all fees are paid in full. Note: Any player that has not paid their tuition in full will not be able to register or play for any other volleyball club.

Travel Policy

Players will be notified if they need to be responsible for arranging their own transportation to and from out of town tournament, or if transportation will be provided. It is the player and parent responsibility to ensure that the player arrives at tournaments and practices on time ready to play. Players may travel with their parents or another adult over 21 years of age with written permission from their parents. Players may not leave a tournament site without notifying their coach. DIVC will not be responsible or liable for players during travel to or from tournaments.

If a hotel stay is required for a tournament, DIVC requires all players to stay at the team hotel unless written permission has been granted prior to the day of travel. DIVC will work with tournament directors and area hotels to secure a tournament rate at hotels in the area of the tournament location.

Parent Responsibility

DIVC believes that our team member parents are to set the examples of good behavior for their daughters. Parents are expected to show respect and support for the teams, the coaches and the club. Parents are asked to refrain from being critical of opponents, coaches, referees or other individuals at a club practice, tournament or sanctioned event.

Volleyball is a sport that breeds passion, parents are asked to remember that with passion sometimes comes conflict. Parents are not going to agree with every coaching decision, playing time decision, comment, practice format, etc. However, DIVC believes that our parents must set the example for our young players about how to maturely deal with these types of scenarios. Remember, players are fully aware of parent's attitude during games and this added pressure often times has a negative impact on the player's ability to perform. Parents that have a conflict with a coach should contact the coach to set up a private meeting. Parents **will not** approach a coach to discuss an issue immediately before a tournament, during a tournament, after a tournament, or immediately before or after a practice. However, players can communicate with coaches at all times. Encourage players to take the initiative to speak with their coach at any time to talk about anything. DIVC encourages strong communication between players and coaches.

Our coaches are all qualified individuals that love the sport of volleyball and have a passion for teaching our young athletes, they are not however infallible. Our coaches will make themselves available to listen to parent or player comments and concerns to come to an amicable solution. If after a private meeting with the coach, the problem persists, the parent or player should contact the club directors for a meeting with the coach, club director and parent/player.

Parents are expected to support their daughter's achievements, and help them to learn to deal with any failures. Parents should be helping to teach their daughter that good sportsmanship should be exhibited when a team loses, and when a team wins. Parents, along with coaches, are expected to help their daughter to learn and understand that a volleyball team consists of multiple players, and that no one player is any more or less important than any other. Parents are expected to help enforce team rules and regulations, and enforce consequences when they are not. This includes supporting DIVC coaches and their decisions. DIVC coaches are trained individuals who know the players and understand the game. There are many reasons that influence when and why specific players play. For this reason, it is critical parents set up a meeting with a coach to discuss any questions they might have regarding playing time.

Coaches Evaluation

DIVC believes that constructive comments will help to create a better club experience for everyone. Periodically coaches will distribute an evaluation form for parents and players to provide constructive feedback, as well as one at the end of the season. There will also be a coach's evaluation form available online to parents and players that can be filled out and submitted at any time during the DIVC 2011-2012 season.

**Dynamic Impact
Volleyball Club**



**Dynamic Impact Volleyball Club
Pre-Approved Absence Form**

THIS FORM MUST BE COMPLETED AND GIVEN TO YOUR COACH AT
LEAST 2 WEEKS IN ADVNACE OF THE TOURNAMENT

Date of Request: _____

Player's Name: _____

Coach and Team: _____

Dates of Requested Absence

First Date _____ Last Date _____

Reason for Absence:

Player Signature: _____ Date _____

Parent Signature _____ Date _____

Approved/Disapproved: _____

Coach's Signature _____ Date _____

Director's Signature _____ Date _____



Photo Release Form

Dynamic Impact Volleyball Club regularly updates their website, Facebook, and promotional literature with pictures of athletes and teams taken by DIVC representatives or other throughout the season. Before DIVC uses any pictures we must have the form below signed and returned to us agreeing to allow this information to be released. You may contact a DIVC director if you have any questions regarding the planned use of this information.

I hereby agree that Dynamic Impact Volleyball Club may use the images of my daughter, _____ on its website, Facebook, or in promotional literature.

These images may include, but are not limited to, photographs, video, and other multimedia images. DIVC may use these images on its website, Facebook, promotional or informational literature, recruiting guides, and any other medium related to the function of DIVC.

I understand these images may be used by DIVC in conjunction with its corporate partners and sponsors.

I agree to indemnify and hold harmless Dynamic Impact Volleyball Club, its partners, officers, employees, and organization co-sponsoring the program, from and against any and all liability arising out of or in any way connected with the use or publication of these images.

Parent Name

Date

Parent Signature

Date



2011-2012 Dynamic Impact Volleyball Club Player/Parent Participation Commitment Form

Player's Commitment

I understand that as a player for Dynamic Impact Volleyball Club, I am making a commitment to my coaches, teammates, and club. This commitment requires my attendance at practices, and tournaments as described in the Player Handbook. My participation is imperative to the success of my team. I understand that my commitment will require time and financial commitments by both myself and my parents. I have reviewed the 2011-2012 Player Handbook and I agree to abide by the contents within it. I agree to always represent DIVC with good sportsmanship, dignity, and pride.

Player's Signature

Date

Parent's Commitment

I have reviewed the Financial and Player Commitments with my child, and discussed the significance of these agreements. I will work with the club's coaches and directors to ensure that my daughter meet her obligations with regards to participating in practices and tournaments, and her financial commitment. I also understand that my role as a parent may require me to provide transportation to tournaments, assistance with fundraising and enforcement of the rules and regulations as described in the Player Handbook.

Parent's Signature

Date